

# Congratulations Class of 2020!!!

We enjoyed celebrating your graduation day, awards and achievements!

#### **Career Center Assistance**

Are you looking to land that dream job and start a rewarding career as a medical physician? Well, look no further!

ACOM has teamed up with YM Careers to bring the career connections directly to you!

Search thousands of DO job opportunities across the country by visiting the new job search platform ACOM has provided for all alumni.

#### Visit:

https://alumnicareers.acom.edu/ and make that dream job become a reality!

#### GREETINGS ACOM ALUMNI

Welcome to the ACOM Alumni Engagement E-Newsletter!

We want to hear from you! Email the Alumni Affairs office with any professional updates or major life milestones so we can celebrate with you!

This newsletter will help you to stay engaged with fellow alumni, current students, ACOM activities and news.

The alumni office is accessible and willing to help you, so please let us know how we can improve your alumni experience.

Send an email: alumni@acom.edu



### **ALUMNI SPOTLIGHT**

Resident Training

Jack Vibbert DO, Class of 2017

 How are you using OMM in your residency? I have personally mostly used OMM in the clinic setting. There has been a select few in the hospital that have been able to be treated and benefited from it too. I also have been able to show my fellow MDs some techniques to try. I have also helped precept some DO medical students who wished to use OMM in the clinic and hospital.

- Are you able to use it with patients? Yes
- Please elaborate about any meaningful experiences. The most meaningful experience with a one of my clinic patients. She was a younger lady in her mid 30s that came to me as a new patient having substantial low back pain and sciatica type symptoms. She was in constant progressing pain prior to coming to our clinic. She had been seen by pain management was on several large doses of pain medications and receiving multiple injections routinely. This had been going on approximately 9 months. After talking with her and doing a full physical exam, I offered her an OMM treatment to her low back and piriformis. After one single treatment to her low back and piriformis she had an 80% resolution of her pain and the sciatica symptoms were resolved. Now she is no longer on pain medications or receiving injections.
- When did you start providing OMM training in your residency and why? It actually started
  during orientation in my intern year. The other residents were curious about OMM and offered
  a treatment to one of them. I felt like it was easier to demonstrate the benefits patient can get
  from my treatment rather than just explaining it. I also started using it early in the first year of
  residency on patients.
- What does your OMM sessions/training with fellow residents involve? We have had a
  couple different sessions during our weekly conference. I would present a patient case and
  discuss the treatment I used on the patient. Then we would have a brief training session of how
  to do the treatment, how to apply that treatment in clinical practice, and when it was pertinent to
  use it.
- What is the significance of teaching OMM to your MD colleagues? I believe it serves
  multiple purposes. It teaches them an alternative method for treating the patients, helps them
  understand the osteopathic physician way of thinking, and further spreads the osteopathic
  profession.
- What feedback have your MD (and DO) colleagues given about the OMM training? They seemed to be interested in learning some techniques and began asking questions if OMM was an option for patients of theirs. There are some that have even used it on their patients with successful results.
- How do you see yourself using OMM in the future? I plan on using it in clinic a lot like the way I use it in the clinic in my residency. It will be an adjunct therapy I can offer patients.
- Residency location and name of Hospital Birmingham AL, St. Vincent's East, Graduated June 2020

Dr. Vibbert recently graduated his family medicine residency where he served as Chief resident. He is working in the Birmingham area at Northside Medical of Trussville and is accepting new patients. Dr. Vibbert is married to his wife Ashley, and they just welcomed their beautiful baby girl Madelyn in July 2020. He grew up in Dothan and calls it home. Dr. Vibbert graduated from Huntingdon College before attending ACOM as part of the inaugural class of 2017. He is interested in outpatient family medicine and sports medicine. He enjoys building long-lasting relationships with his patients. Dr. Vibbert takes a holistic approach to treat his patients by focusing on medical, emotional, social, and spiritual needs. He uses osteopathic manipulation treatments as an additional tool to treat his patients. In his spare time, he enjoys being outdoors, playing soccer, golf, and spending time with his family. He also enjoys spending time at his family's lake house to relax. He also enjoys water skiing and all other water sports.

# **Call to Action!**



James LePage, DO (Class of 2017), Resident Physician, Psychiatry at the Univeristy of South Alabama was elected the Chair of ACORF, earning a spot on the Assembly Executive Committee, as well as serving as Area 5 RFM Representative. In this capacity, Dr. LePage represents all USA Psychiatry Residents and Fellows in the APA Assembly.

ACOM is now accepting nominations for Alumni President, Vice President, Secretary/Treasurer and three additional positions of members at-large.

If you are interested in serving a three-year term on the ACOM Alumni Association Board please email: alumni@acom.edu

## **ACOM NEWS**

#### **ACOM Adopts Southeast Health Branding**

In July of 2018, the Houston County Health Care Authority, the governing board for Southeast Health, made a strategic decision to invest in a branding strategy connecting all the entities within the health system through a structured naming convention and brand standard. This helps patients, providers, students, and the community better understand who the



students, and the community better understand who they are, what they offer, and where they provide services.

Beginning in July, ACOM will follow suit with the other major entities in the health system by adopting the Southeast Health branding, though the ACOM Board of Directors opted to continue to use the existing shield in certain ceremonial circumstances. Additionally, student white coats will continue to incorporate the shield to honor the past.

ACOM's origins are deeply rooted in health care. It was one of the first osteopathic medical schools developed by a health system not associated with a university. Over a decade ago, the Alabama Medical Education Consortium along with the Houston County Health Care Authority recognized the growing shortage of physicians nationally, particularly in primary care. The two entities determined it was feasible to develop Alabama's first college of osteopathic medicine to address these needs in the state, and thus, ACOM, the private, non-profit institution, was established in May 2010. The college, which is owned by Southeast Health, welcomed its inaugural class in 2013, and

graduated its first physicians in 2017.

"Through the creation of the ACOM and the expansion of Graduate Medical Education programs, Southeast Health has grown from a community hospital to a comprehensive health system with a focus on educating tomorrow's physicians. ACOM is one of the major entities within the health system, and we feel this change helps communicate the relationship more clearly and highlight the health system's commitment to education." says James C. Jones, DO, FACEP, ACOM Dean.



#### Dr. Jones to lead ACOM as Dean of School

The Alabama College of Osteopathic Medicine (ACOM) is pleased to announce that James C. Jones, DO, FACEP, has been named permanent dean of the medical college. Dr. Jones has served as interim dean since June 3, 2019.

Rick Sutton, ACOM President, and the medical school's board of trustees asked Dr. Jones to take the position permanently after a nationwide search for a dean was conducted. "Dr. Jones has done a tremendous job providing leadership and building continuity at ACOM," Sutton said. "We believe he is

the best person to lead ACOM as we continue to grow the school and graduate some of the brightest medical minds."

He took the interim position at ACOM after serving for more than 30 years as Southeast Health's director of Emergency Medicine. He is an inaugural member of the ACOM board and he has been involved with it since its inception in 2010. Dr. Jones has spearheaded the development of residency training programs, as well as medical student education at Southeast Health.

He has also served as the designated institutional official of Graduate Medical Education (GME) and the residency program at Southeast Health. He is a 1983 graduate of the Texas College of Osteopathic Medicine (UNT-HSC). He completed residency training in Emergency Medicine at LSU-Charity Hospital in New Orleans, where he served as chief resident. He is board certified in Emergency Medicine.

## WHAT'S HAPPENING ON CAMPUS?

White Coat Ceremony October 2020 Virtual Ceremony

The Class of 2024 will celebrate with peers, family & friends as they receive their first white coat as a student physician.

The ACOM Alumni Association created a Facebook Group that you can join and interact with fellow alumni.



Search Alumni at ACOM and join!

# Browse and purchase ACOM merchandise online now!

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