

Medical Student Health Documentation Requirements

___ Hepatitis B Vaccine series

___ Positive Hepatitis B Surface Antibody **Quantitative** Titer

___ Measles, Mumps, and Rubella Vaccine series (MMR)

___ Positive Measles, Mumps, and Rubella **Quantitative** Titer

___ Varicella (Chickenpox) Vaccine Series

- If history of Chickenpox disease, vaccine series will not be needed.

___ Positive Varicella **Quantitative** Titer

___ Tetanus/Diphtheria/Pertussis (Tdap) Vaccine

- Must be given within the last 10 years. Td is not accepted.

___ Influenza Vaccine (seasonal)

- Students will be responsible for getting this during the fall season. Deadline will be November 1st every year.

___ 2 Step Tuberculosis Skin test

- The two negative tests must be given 1-3 weeks apart and completed within 6 months of arriving to ACOM.
- QuantiFERON Gold/ T-SPOT tests will **only** be accepted if positive skin test documentation is provided.
- If there is a positive result from either test, documentation of a negative Chest Xray **and** history of latent TB treatment must be provided.

___ (Optional) Covid-19 Vaccine series

- ACOM does not currently require this vaccine, however Third- and Fourth- year students attending clinical rotations will have to defer to the clinic/ hospital policies.

***Exemption Forms accepted by ACOM may not be accepted by clinical sites. ACOM will defer to clinical sites' policies and procedures for health documentation.**

***If any titer is negative, students are to consult their healthcare provider for recommendations to obtain immunity. If immunity cannot be met, a letter from a physician must be obtained.**

***All titers must be quantitative (show numerical value) and include reference ranges.**

Q&A: Health Documentation Requirements

- What do I do with my health documents? Have health documents uploaded to a file on your computer. Further information will later be sent to your ACOM email with instructions pertaining to uploading health documents.
- I had to get a booster vaccine due to low titers, what is the next step? Wait 6- 8 weeks after obtaining booster/series and obtain a new titer.
- What if my titer results are still low after receiving boosters recommended by my doctor? We can accept a doctor's note stating immunity will not be met and further immunizations are not recommended.
- My doctor told me that the Hep B series takes 6 months, can I still attend ACOM? Yes! Start the series and upload each new immunization. This will show ACOM that you are working towards immunity. Your documents will be reviewed again before you are able to sign up for Spring semester, so be diligent about getting this completed.
- Can I email my health documents to the school? **Do not do this**, once instructions are sent to your ACOM email, you will follow those instructions.
- Will ACOM pay for my immunizations and other costs associated with the health requirements? No, students are responsible for all costs associated with health requirements.
- I received a Flu Vaccine this summer, will I need a new seasonal flu vaccine? Yes, you will. The Flu vaccines each year must be obtained from August-November. (Emails will be sent out to all students when Flu vaccines become available.)
- I have a health documentation question not answered in this packet, who do I contact? First, review <https://www.acom.edu/physical-health-resources/> for additional information. Questions can be sent to immunizations@acom.edu , however please keep in mind that there will be a delay in response time.

2-Step TB Skin Test

Visit 1 (Day 1)

- Receive 1st TB skin test.

Visit 2 (Day 3-4)

- Skin test evaluation done within 48- 72 hours after initial skin test.
- A positive skin test will require documentation of a Negative Chest Xray **and** attach history of latent TB treatment.

Visit 3 (Day 7-21)

- Receive 2nd TB skin test.

Visit 4 (48-72 hours after the second TST)

- Skin test evaluation done within 48- 72 hours after receiving 2nd TB skin test.
- A positive skin test will require documentation of a Negative Chest Xray **and** attach history of latent TB treatment.

*Must be done within 6 months prior to arrival at ACOM and repeated yearly during clinical years. (Please refer to Clinical Site's TB testing recommendation options.)

*QuantIFERON Gold and T-Spot blood tests will **only be accepted if:**

- There is proof of a TB immunization. (Typically given if born in another country)
- There is a positive result to either test, documentation of a negative chest x-ray **and** history of latent TB treatment must be attached.