

Class of 2029

## **Part VI: Health Insurance and Additional Resources**

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# **PART VI:** Information and Additional Resources

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**Please reference [acom.edu](http://acom.edu) for more  
information on student health insurance.**

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## Part VI: Health Insurance and Additional Resources

### Summer Boot Camp

Dear Incoming Students,

Congratulations on your acceptance to the Alabama College of Osteopathic Medicine (ACOM)! As you prepare to begin your medical education, we are pleased to offer an opportunity to strengthen your foundational knowledge before the academic year starts. Our Summer Boot Camp is an **optional, four-week intensive program** designed for incoming first-year students who wish to gain early exposure to Medical Gross Anatomy, Neuroanatomy, and Histology. This immersive course runs Monday through Friday, from 8:30 AM to 4:00 PM, on the ACOM campus.

The program is structured to provide hands-on, interactive learning in a supportive, low-pressure environment. While quizzes and assessments will be graded and returned to help you monitor your progress, they will **not be recorded** in your academic record. The focus is on enhancing your understanding and building confidence in core subjects that will be integral to your success in medical school.

#### Program Overview

- **Anatomy Sessions:** Each morning begins with a faculty-led overview of a specific anatomical region, followed by small-group breakout sessions and hands-on experience in the anatomy laboratory working with donor specimens. The session concludes with a mock practical exam, designed to mirror the rigor of medical school assessments.
- **Histology Sessions:** Integrated with anatomy instruction, these sessions focus on the identification of tissues, with guidance from faculty and experienced students.
- **Neuroanatomy Sessions:** This component of the program covers sectional anatomy of the central nervous system, including in-depth study of the brain and spinal cord.

#### Key Benefits

- **Gain a Competitive Advantage:** Strengthen your understanding of foundational medical sciences before the semester begins.
- **Develop Effective Study Strategies:** Engage in active learning and collaborative study sessions with peers.
- **Foster Early Connections:** Build relationships with faculty and fellow students, establishing a strong support network.
- **Adapt to the Medical School Environment:** Become familiar with the pace and expectations of your coursework in a low-pressure setting.

#### Program Details

- **Tuition & Deposit:**
  - **Total Tuition:** \$700
  - **Deposit:** A \$50 deposit is required at the time of registration. This deposit will be applied toward tuition, reducing the final cost to \$650.
  - **Limited Seats:** Registration is on a first-come, first-served basis. Early registration is encouraged to secure your spot.
- **Schedule:**
  - **Orientation:** Friday, June 20th
  - **Classes Begin:** Monday, June 23rd
  - **Final Day:** Friday, July 18th
  - **Time Commitment:** While structured learning **ends at 4:00 PM**, students are encouraged to dedicate additional time in the evenings and weekends for review and group study.

#### Prepare for Success

The Summer Boot Camp is designed to provide you with the skills, knowledge, and confidence necessary for a smooth transition into the rigors of medical school. Your participation and dedication to this program can help you feel more prepared and confident as you transition into the fall semester.

For more information and to register, please visit: <https://www.acom.edu/bootcamp/>

We look forward to welcoming you to ACOM and supporting your journey toward becoming an osteopathic physician.

Best regards,  
The Anatomical Sciences Team

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### Point of Contact List

General questions regarding the **Matriculation Packet** contact:

Anna Elizabeth Capps, MS - Enrollment Marketing Specialist - Admissions Office  
**matriculationuser@acom.edu**

Pending **Transcript Requirements after the July 1, 2025 deadline** contact:

Catherine Jackson, MBA - Associate Registrar  
**cjackson@acom.edu**

**CastleBranch** contact:

Audrey Bawcum, M.Ed. - Executive Director of Student and Alumni Affairs  
**ambawcum@acom.edu**

**Financial Aid** contact:

Tina Skipper - Financial Aid Administrator/VA Certifying Official  
**tskipper@acom.edu**

Hannah Taylor Benjamin, M.Ed. - Financial Aid Administrator/Scholarship Manager  
**hbenjamin@acom.edu**

**Business Office Tuition Agreement and/or Direct Deposit** contact:

Pam Deal, MBA - Bursar/Senior Accountant II  
**pdeal@acom.edu**

**Medical Equipment** contact:

Renee Woodham, LPN - Director of Clinical Competency Center  
**rwoodham@acom.edu**

Regarding the ordering process or specific equipment in the package, please contact The Medical Store directly at (847) 670-0778

**ACOM's Student Health Insurance** contact:

Audrey Bawcum, M.Ed. - Executive Director of Student Life and Alumni Affairs  
**ambawcum@acom.edu**

# Class of 2029

## Preclinical Course Calendar

### 2025-2026 OMS-I

JULY 2025						
Su	M	Tu	W	Th	F	Sa
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

AUGUST 2025						
Su	M	Tu	W	Th	F	Sa
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

SEPTEMBER 2025						
Su	M	Tu	W	Th	F	Sa
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

OCTOBER 2025						
Su	M	Tu	W	Th	F	Sa
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5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

NOVEMBER 2025						
Su	M	Tu	W	Th	F	Sa
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

DECEMBER 2025						
Su	M	Tu	W	Th	F	Sa
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

JANUARY 2026						
Su	M	Tu	W	Th	F	Sa
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

FEBRUARY 2026						
Su	M	Tu	W	Th	F	Sa
1	2	3	4	5	6	7
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15	16	17	18	19	20	21
22	23	24	25	26	27	28

MARCH 2026						
Su	M	Tu	W	Th	F	Sa
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15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

APRIL 2026						
Su	M	Tu	W	Th	F	Sa
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5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

MAY 2026						
Su	M	Tu	W	Th	F	Sa
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

JUNE 2026						
Su	M	Tu	W	Th	F	Sa
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

Orientation	
July 21 - 23	
Fall	
Anatomical Sciences (7hrs) • July 24 - December 11	
Osteopathic Principles & Practice I (2hrs) • July 25 - December 9	
Primary Clinical Skills I (2hrs) • July 24 - December 5	
Health Systems Sciences I (2hrs) • July 25 - December 5	
Molecular Medicine (7hrs) • August 18 - December 11	
Spring	
Neuroanatomy Behavioral Sciences (8hrs) • January 5 - March 6	
Osteopathic Principles & Practice II (2hrs) • January 5 - May 28	
Primary Clinical Skills II (2hrs) • January 5 - May 28	
Health Systems Sciences II (1hrs) • January 9 - May 28	
Musculoskeletal (4hrs) • March 16 - April 10	
Hematology/Lymph (4hrs) • April 13 - May 11	
Dermatology (2hrs) • May 12 - May 27	

No Classes (Holidays)	
Independence Day • July 4	
Labor Day • September 1	
Veteran's Day • November 11	
Thanksgiving Break • November 26-28	
3 Week Winter Break • December 15 - January 4	
Martin Luther King Jr. Day • January 19	
President's Day • February 16	
1 Week Spring Break • March 9 - March 13	
Memorial Day • May 25	
Juneteenth Day • June 19	