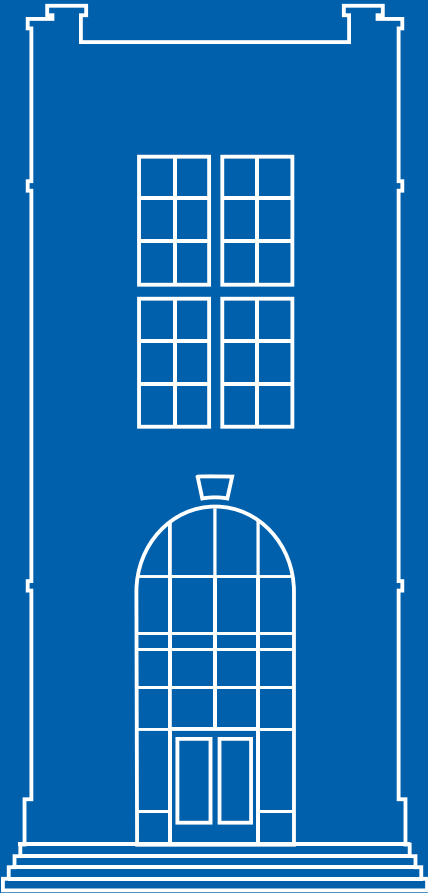


The image shows the exterior of a large, modern building with a mix of brick and stone masonry. Large glass windows are prominent, reflecting the sky. The building is illuminated from within, and the sky above is a mix of blue and orange, suggesting sunset or sunrise. A dark horizontal band is overlaid across the middle of the image, containing the text 'ACOM' and 'ALABAMA COLLEGE OF OSTEOPATHIC MEDICINE'.

# ACOM

ALABAMA COLLEGE OF OSTEOPATHIC MEDICINE

INSPIRING MEDICINE  
THROUGH HUMAN TOUCH®



# ABOUT ACOM

Welcome to the Alabama College of Osteopathic Medicine (ACOM), where we are inspiring medicine through human touch®. Located in Dothan, Alabama, our college is a nonprofit, private institution that operates as the academic division of Southeast Health. ACOM was created to address Alabama's physician shortage and increase access to medical services throughout Alabama, Georgia, and Florida, particularly primary care.

## MISSION

To provide quality, learner-centered osteopathic education, research and service, while promoting graduate medical education, with emphasis on patient-centered, team-based primary care to serve the medically underserved areas of Alabama, the Tri-State area and the nation.

## VISION

To be regionally and nationally recognized for significantly impacting the physician workforce needs and access to quality medical services.

## CORE VALUES

Integrity • Service • Passion • Innovation  
Respect • Excellence • Diversity

[discover.acom.edu](https://discover.acom.edu)



# OUR

# HISTORY

## Early 1990s

Alabama leaders identify need for more primary care physicians

## 2010

Houston County Health Care Authority establishes ACOM

## 2013

Grand Opening and Dedication of campus

Alabama Medical Education Consortium formed to create medical student training infrastructure

## 2005

Groundbreaking of ACOM

## 2012





**2018**

Granted  
class size  
expansion

**2022**

Simulation  
Center of  
Excellence  
expansion  
opens

**2023**

The open-air  
Pavilion opens

Inaugural Class  
graduates

**2017**

ACOM opens rural  
health primary  
care clinic in  
Ashford, Alabama

**2019**

ACOM opens  
rural health  
primary care  
clinic in Taylor,  
Alabama

**2023**

# THE OSTEOPATHIC DIFFERENCE

**Osteopathic Medicine is rooted in expanding scientific knowledge that embraces the concept of body-mind-spirit unity. Osteopathic principles and practice emphasize four tenets:**

- **The body is a unit; the person is a unit of body, mind and spirit.**
- **The body is capable of self-regulation, self-healing and health maintenance.**
- **Structure and function are reciprocally interrelated.**
- **Rational treatment is based upon an understanding of the basic principles of body unity, self-regulation and the interrelationship of structure and function.**

Osteopathic physicians use their hands as medical instruments, performing Osteopathic Manipulative Treatment (OMT) on the whole body not only to relieve pain but also to test for healthy mobility, improve pre- and post-operative issues, and complement the treatment of many diseases, such as GERD and asthma. OMT seeks to improve nerve function, promote blood flow, increase diminished immune function and maximize range of motion in all joints.

Osteopathic physicians combine these unique techniques with sophisticated medical treatment to give patients the most comprehensive care available. By using their hands to complement the physical exam, osteopathic physicians forge deeper relationships with their patients, built on trust and communication through detailed clinical assessment.





# OUR

# CAMPUS

**Team-  
Based**

Learning  
Center

**Numerous**

Group study  
rooms

Learning  
Resource  
Center

Wooded  
Walking  
Trail and  
Outdoor  
Fitness  
Station



**110,000**

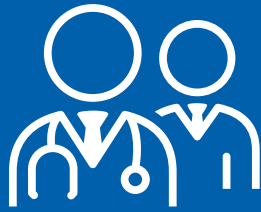
square-foot  
facility located in  
Dothan, Alabama

Gross  
Anatomy  
Lab



Osteopathic Principles  
& Practice Lab





# 16-room

Performance  
Exam Suite

## On-campus

Student  
Lounge, Bistro  
and Gift Shop

Outdoor  
Pavilion and  
Community  
Gardens

2  
Auditoria

Unique  
Outdoor  
First Patient  
Memorial



Paved  
Biking &  
Walking  
Path to  
Local  
Businesses

Level II  
Research  
Center

Stand-alone  
Simulation  
Center

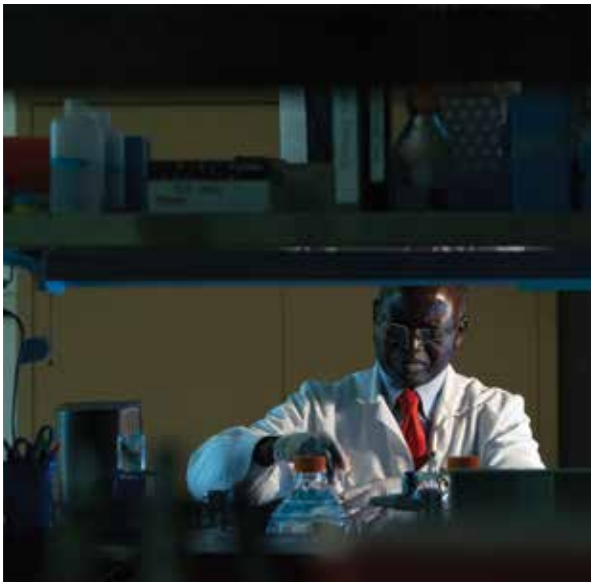


# OUR CAMPUS HOUSING



**Welcome to on-campus student housing at ACOM, where your commute to class is just a three-minute walk. Summerfield Square, owned and operated by a third party, is an apartment-style community designed for medical students.**

- Offering studio, one-bedroom and two-bedroom apartments
- All-inclusive rates
- Fully-equipped units with modern finishes and features
- 3,000-square-foot clubhouse with fitness/cardio facilities, open kitchen and study rooms
- Outdoor recreation areas including a lap pool, fire pit, and playground





# OUR CURRICULUM

## **OMS-I and OMS-II**

- Integrated systems-based model
- Full first semester of anatomy with cadaver dissection
- Clinical integration with a patient-centered focus
- More than 200 hours of OPP
- Patient simulation skills training
- Standardized patient encounters

## **OMS-III and OMS-IV**

- More than 1,400 credentialed preceptors
- Core sites in Alabama, Florida, Mississippi and Georgia
- Third-year rotations include core disciplines, hospice and rural health
- Fourth-year rotations include emergency medicine, electives and selectives
- Formal partnerships with 32 community and regional hospital systems

## **Additional Academic Opportunities**

- **Three Concurrent Degree Partnership Programs:**
  - Master of Business Administration (MBA) through Troy University Dothan
  - Master of Science in Management (MSM) through Troy University Dothan
  - Master of Public Health (MPH) through Samford University Birmingham
- **Two Student Fellowships:**
  - Anatomy/Osteopathic Principles & Practice Fellowship
  - Clinical Simulation / Primary Skills Fellowship

Opportunity to earn Master of Science in Adult Education (MSADE) through Troy University.
- **Two Teaching Assistantships:**
  - Anatomy
  - Primary Clinical Skills
- **Summer research**

# STUDENT LIFE

**The Office of Student Life works to help students shape their experiences outside the classroom while navigating their academic responsibilities. ACOM challenges, supports and educates students through social, professional and personal development opportunities.**

- Student organizations, clubs, honorary societies and the SGA.
- Educational meetings, presentations, workshops and events.
- Service projects and fundraisers to benefit area nonprofit organizations and help local citizens.
- Leadership positions in national organizations.
- ACOM's Student Ambassador Program gives students the opportunity for professional and leadership development. As positive, enthusiastic and well-informed representatives of the student body, these ambassadors promote and participate in official functions of ACOM.





*"One of the aspects I cherish most about ACOM is the very meaningful friendships I've made. I believe I have been able to make so many amazing friends through all of the opportunities to get involved here at ACOM. No matter what you are interested in there is something for everyone to [take part] in from yoga, a variety of interest groups, paint nights to dodge ball tournaments. If you have a passion you want to share with everyone, ACOM is supportive and will help provide you with the resources to make it happen!"*

**Arianna L.**  
**Class of 2022**

# ADMISSIONS REQUIREMENTS







## ACADEMIC REQUIREMENTS

- Pre-requisite coursework
  - 2 Biology/Zoology\*
  - 2 Chemistry\*
  - 2 Organic Chemistry\*
  - 2 Physics\*
  - 2 English

*\*Labs required without exception*

- Recommended advanced coursework:  
**Biochemistry, Human Anatomy,** Genetics, Cell Biology, Physiology, Immunology, Microbiology, Neuroscience, Behavioral Science and Psychology
- High School diploma or equivalent
- Bachelor's degree
- MCAT within four years

## ACOM CONSIDERS A VARIETY OF OTHER FACTORS WHEN SELECTING A STUDENT FOR ADMISSION

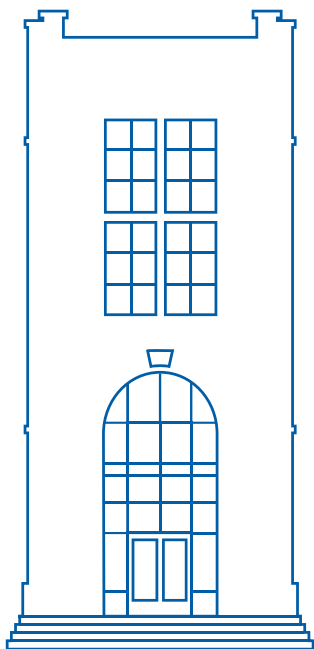
- Shadowing
- Patient Interactions
- Community Service
- Leadership Experience
- Research
- Work Experience
- Honors and Awards

## ADDITIONAL REQUIREMENTS

- Letters of Recommendation:
  1. Pre-medical advisor/committee (or two signed letters from science professors who taught the required sciences) on official letterhead with credentials
  2. Physician (MD/DO)
- Citizenship
  1. US Citizen
  2. Permanent Resident



# ADMISSIONS PROCESS



## **STEP 1:** AACOMAS Application

To initiate the process, all prospective students must submit the online application to AACOMAS ([aacom.org](http://aacom.org)).

**Earliest Filing Date:**  
Early May

**Latest Filing Date:**  
March 1



## STEP 2: Application Review & Interview

Upon review of the completed applicant file, prospective students are selected for a full-day, on-campus interview\*, which includes an in-depth tour and one open-file interview with one ACOM faculty members. Applicant interviews are held from August through April.

*\* Virtual and on campus interviews are available.*

## STEP 3: Notification

Students will be notified of a decision within three weeks of the interview. A non-refundable \$2,000 deposit is required to hold a seat and is applied toward the first tuition payment.

**Earliest Deposit Date:**  
Mid-December

**Future Deposit Dates:**  
Vary based on time of acceptance







# STUDENT TESTIMONIALS



*When deciding which path to take in medicine, I was drawn to osteopathic medicine because its emphasis on integrating body, mind, and spirit aligned perfectly with my values of treating the whole person. At ACOM, I found an academic community that truly embodies these values and offers unwavering support for its students. The faculty are not only dedicated professors but mentors who genuinely invest in our success and cultivate a supportive, family-like atmosphere. With strong support from the administration, I've also been able to engage in numerous Dothan and rural community service endeavors and leadership opportunities, including serving as SGA president. Choosing ACOM for my medical education has been the best decision I've made, as the unwavering support and close-knit community have been essential to my academic, personal, and professional growth as a future physician.*

**Andrea T**  
**SGA President 2025-2026, Class of 2028**

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From the moment I interviewed at ACOM, I knew it was the place for me. Everyone was so welcoming, and I felt confident that ACOM would do everything in its power to help me achieve my goals in medicine. I was told that from the beginning I would be able to sit down with an advisor to create a plan towards residency. Since matriculation, my expectations were exceeded as I had more than just a single advisor that I could meet with to construct a plan. This sense of support has continued with the other faculty, staff, and fellow students. There have been no barriers to gaining one-on-one mentorship within ACOM and I've felt guided every step of the way by advisors and professors who truly listen and care about my success. As a student, I've felt challenged to continue to improve upon myself and my skills, which has allowed me to flourish in my academic and clinical endeavors. I couldn't see myself going to any other osteopathic school, because ACOM has everything that I need to venture into the world of medicine and healthcare.

**Walter J.**  
**SOMA President 2025-26, Class of 2028**

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# CLINICAL CO

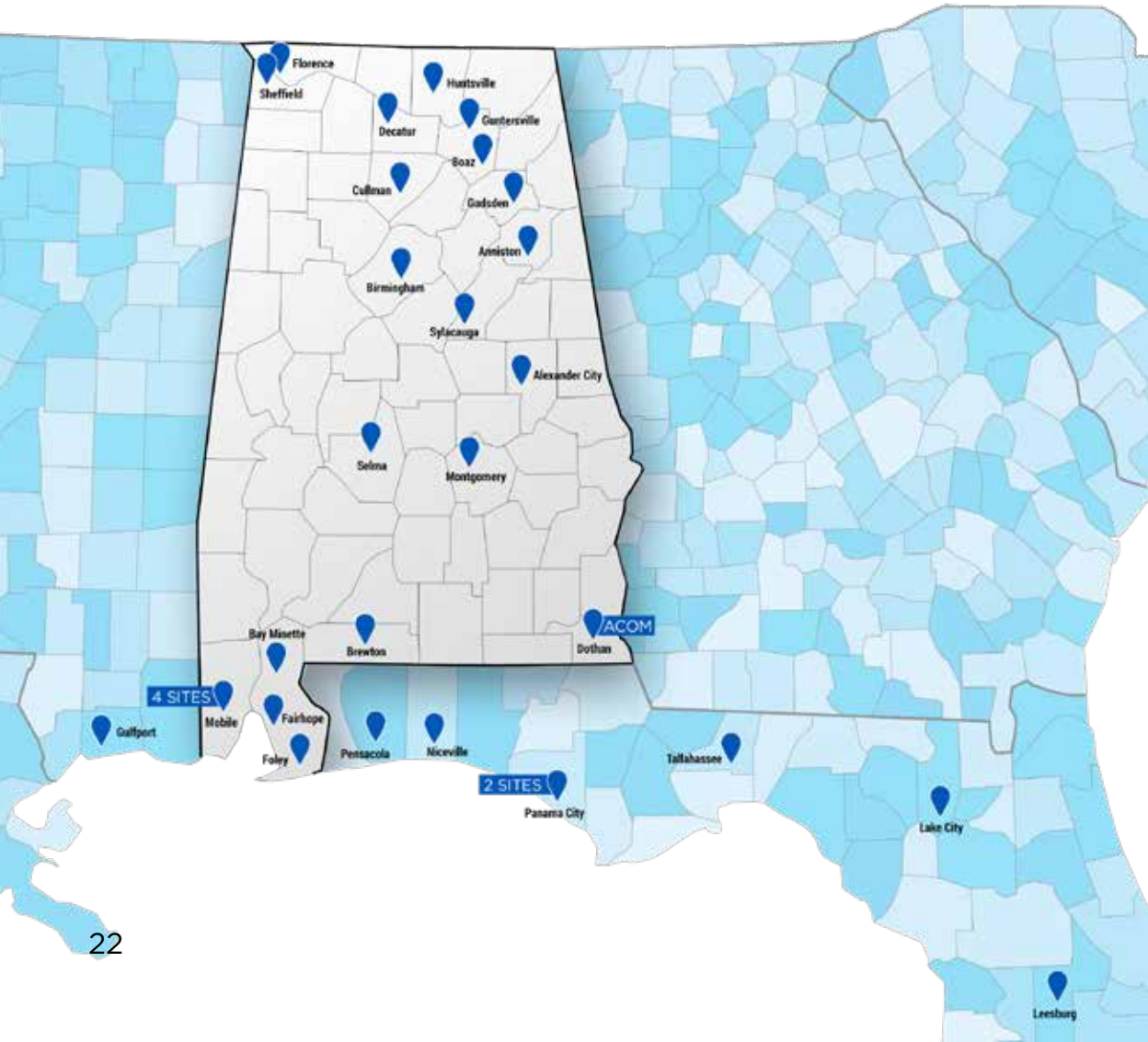
## NORTHERN REGION

CITY

Boaz, AL  
Cullman, AL  
Decatur, AL  
Florence, AL  
Gadsden, AL  
Guntersville, AL  
Huntsville, AL  
Sheffield, AL

HOSPITAL

Marshall Medical Center South  
Cullman Regional Medical Center  
Decatur Morgan Hospital  
North Alabama Medical Center  
Gadsden Regional Medical Center  
Marshall Medical Center North  
Crestwood Medical Center  
Helen Keller Hospital



# RESITES

## CENTRAL REGION

CITY	HOSPITAL
Alexander City, AL	Russell Medical
Anniston, AL	Regional Medical Center
Birmingham, AL	St. Vincent's East
Dothan, AL	Southeast Health
Montgomery, AL	Jackson Hospital
Selma, AL	Vaughan Regional Medical Center
Sylacauga, AL	Coosa Valley Medical Center

## SOUTHERN REGION

CITY	HOSPITAL
Bay Minette, AL	North Baldwin Infirmary
Fairhope, AL	Thomas Hospital
Foley, AL	South Baldwin Regional Medical Center
Gulfport, MS	Memorial Hospital and Physician Clinics
Mobile, AL	AltaPointe
Mobile, AL	Franklin Primary Healthcare Centers
Mobile, AL	Mobile Infirmary
Mobile, AL	Springhill Medical Center
Pensacola, FL	HCA Florida West Hospital

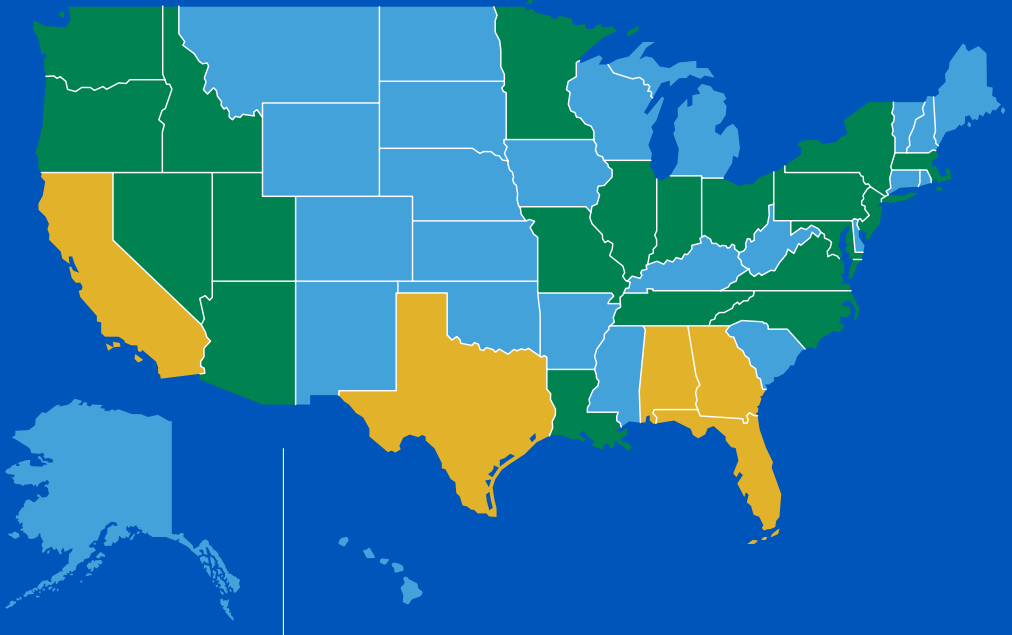
## SOUTHEASTERN REGION

CITY	HOSPITAL
Lake City, FL	HCA Florida Capital Hospital
Leesburg, FL	UF Leesburg Hospital
Niceville, FL	HCA Florida Twin Cities Hospital
Panama City, FL	Ascension Sacred Heart Bay Hospital
Panama City, FL	HCA Florida Gulf Coast Hospital
Tallahassee, FL	HCA Florida Capital Hospital

# QUICK FACTS

## ACOM CLASS OF 2028

### STATE RESIDENCY



- STUDENT REPRESENTATION
  - NO STUDENT REPRESENTATION
  - TOP 5 STATES REPRESENTED
- |            |                   |
|------------|-------------------|
| <b>36%</b> | <b>FLORIDA</b>    |
| <b>16%</b> | <b>ALABAMA</b>    |
| <b>9%</b>  | <b>TEXAS</b>      |
| <b>7%</b>  | <b>CALIFORNIA</b> |
| <b>8%</b>  | <b>GEORGIA</b>    |

Almost 60% of ACOM's Class of 2025 is from the tri-state area of Alabama, Florida and Georgia.



## GPA



**3.45**

OVERALL  
AVERAGE

## MALE-FEMALE RATIO



**52%**



**48%**

## STUDENT AGE

**25**

AVERAGE  
STUDENT  
AGE

## ETHNICITY

ASIAN/AMERICAN



**25.5 %**

BLACK /AFRICAN AMERICAN



**6.12 %**

HISPANIC



**10.2 %**

MULTIPLE ETHNICITIES



**2.55 %**

WHITE/CAUCASIAN



**49.4 %**

## ADMISSIONS

**3,757** AACOMAS Applications Received

**1,891** Supplemental Applications Reviewed

**991** On-campus Interviews Conducted

## MCAT

**503**

Average MCAT Score



# OUR CON





# R COMMUNITY

## Discover Dothan

### **A vibrant and evolving city with small-town charm.**

Located in southeast Alabama and just 90 miles to the Gulf Coast beaches, Dothan is home to numerous sporting events and venues.

- Future Masters golf tournament
- National BMX racing event
- Robert Trent Jones golf course
- National Peanut Festival
- Historic downtown district with restaurants and shops
- The Carver Museum
- Wiregrass Museum of Art
- Numerous biking and hiking trails

## Enjoy a low overall cost of living

**Dothan ranks 7<sup>th</sup> in affordability** among the 41 U.S. cities with an osteopathic college of medicine.

## A popular place to move

In a 2021 National Movers Study, **Dothan ranks 11<sup>th</sup> among U.S. metro areas across** as a destination with 70% of moves being people moving to the city rather than leaving.



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**ALABAMA COLLEGE OF  
OSTEOPATHIC MEDICINE**



334.699.2266 • [acom.edu](http://acom.edu) • [discover.acom.edu](http://discover.acom.edu)  
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